




Congregation Beth Israel
 10 Dexter Street
 Malden, Ma 02148
 781-322-5686
www.BethIsraelMalden.com

Schedule for Parshat Toldot/Fall Shabbaton

Friday, November 9

Mincha **4:10 pm**
 Candle Lighting **4:10 pm**
 Oneg Shabbat **7:30 pm**

 *Rabbi Sandler will give the lecture "Shabbat: A Meaningful Key to Jewish Survival".*

The Oneg Shabbat will be at the home of Rabbi and Rebbetzin Rabinowitz, 265 Fellsway East - the corner of Maple Street and Fellsway East.


Saturday, November 10 Shabbat Mevarchim

Shacharit at Salem Towers **7:45 am**
Kiddush following services at Salem Towers

Shacharit **8:45 am**

Latest Time for Kriat Shema **8:58 am**

 Shabbaton Luncheon **11:30 am**


 *Rabbi Sandler will give the lecture "Ya'akov and Esav: The Contradiction Within Us". (Babysitting will be provided during the lecture).*

Mincha **3:50 pm**

Ma'ariv **5:05 pm**

Shabbat Ends **5:17 pm**

 Melave Malka **8:00 pm**

 *Rabbi Sandler will give the lecture "Israel Today: A challenge to both religious and secular Jews"*

Schedule for the Week of November 11 - 16

	Shacharit	Mincha	Ma'ariv
Sunday	8:00 am	4:05 pm	4:35 pm
Monday	6:40 am	4:05 pm	4:35 pm
Tuesday	6:50 am	4:05 pm	4:35 pm
Wednesday	6:50 am	4:05 pm	4:35 pm
Thursday	6:40 am	4:05 pm	4:35 pm
Friday	6:50 am	4:00 pm	following Mincha/Kabbalat Shabbat

Salami and Shiites - A Jewish Chaplain in Iraq

Captain Andy Shulman, chaplain of the US Army and former Program Director of Congregation Beth Israel, spoke on Saturday night, November 3, at 8:00 pm about his experiences as a Jewish chaplain serving in Iraq. His talk was informative, educational, and highly entertaining. He also provided a slide show of his pictures from the past few months. A video of his talk will be published on our website shortly. Please continue to check back for more updates.

Page Numbers

	Stone	Hertz	Russian
Torah	124	93	I-308
Maftir	142	101	I-344
Haftarah	1207	948	

Please note that the haftarah is not for Parshat Toldot, but for Erev Rosh Chodesh

Shabbaton Luncheon

This week's luncheon is sponsored in part by Milton (Mordechai) Walkin, in celebration of the birthday of his wife, Esther Walkin (*last week's sponsorship was postponed due to inclement weather*).

Happy Birthday, and Many More!



SPONSORSHIPS


Want to celebrate an occasion, honor a friend, or remember a loved one? Sponsorships are available at all different levels. Make a donation to show someone you care!

Minimum suggested donations are as follows:



Breakfast -----	\$5.00
One-Line Greeting -----	\$10.00
Weekly Bulletin ad -----	\$25.00
Newsletter ad -----	\$36.00
Se'udah Sh'lishit -----	\$36.00
Kiddush -----	\$50.00
Sefer -----	\$50.00
Luncheon (Shabbat Chazak) ----	\$100.00

UPCOMING EVENTS

  Torah Ethics Class Monday, 11/12, 9:30 am at Salem Towers

  Weekly Parsha Class Thursday, 11/15, following Ma'ariv

The Rabbi's class is available on our website, www.BethIsraelMalden.com

  Chanukah Party, Wednesday, December 5. Please RSVP by December 1 to the shul office at 781-322-5686 or director@bethisraelmalden.com

More on Back 

A Prophetic Pregnancy

Insights into Parshat Toldot from the Ramban, by Rav Reuven Ungar of Sha'alvim.

During her exceptionally turbulent pregnancy, Rivkah wondered: "Why am I?" (Genesis 25:22). What exactly was the focus of this question? Rashi comments that Rivkah questioned her previous desire and yearning to become pregnant- was it worth this suffering? The Ibn Ezra explains that (subsequent to verifying that other expectant women did not experience such pain) Rivkah wondered why she experienced such an exceptionally difficult pregnancy. The Ramban rejects this explanation- if so, the verse should have explicitly mentioned this point "Why is my pregnancy so difficult?".

The Ramban explains that Rivkah questioned her mere existence; perhaps it would be better to die than to experience such suffering.

Did the physical pain lead Rivkah to utter such a harsh statement? Let us examine the Divine response to the question of Rivkah.

"And Hashem said to her 'two nations are inside of you and two nations will depart from your womb' " (ibid verse 23). The Ramban explains this verse in two ways.

A. Rivkah was informed that a twin-bearing pregnancy is indeed an extremely turbulent experience. She was par for the course for a woman in her predicament.

B. Because these embryos represent the future nations of Israel and Edom- who oppose and war with each other- their pre-birth experience projects their future state of affairs (ma'asei avot siman labanim). Now that the embryos marked their future conflicts, Rivkah will merit to rest and enjoy a normal pregnancy.

It is vital to note that Yaakov- Eisav, Yisrael-Edom, Jerusalem-Rome truly represent opposing approaches to the purpose of man. Do we serve Hashem or ourselves? Is technology designed to assist man in Divine Service, or does scientific and economic progress constitute a goal within itself? May we merit to act in accordance with our innate nature!